



# How to Drive Yourself... without Driving Yourself Crazy!

(45 minutes to 90 minutes)

The inherent danger of passion-induced work is its appetite for consuming all of life. Whether motivated by obsession or necessity, the driven worker is in jeopardy of losing family, integrity, health and happiness. Employees feel victimized and productivity suffers. Depression sets in.

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*There is hope for  
driven dreamers  
and their colleagues.*

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In a presentation one attendee called “the most important hour of my life,” Billy Riggs teaches you to internalize the five key ingredients of genuine happiness and harness the power of an integrated and balanced life.

A moving, fun and soul-searching program that grips the heart, changes lives, and brings balance to frenzied lives.


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## Five focus areas:

- ♦ **Attitude:** There is no circumstance that a positive attitude cannot improve.
- ♦ **Intimacy:** Nurture important relationships to add satisfaction to life.
- ♦ **Character:** Identify and live out a cohesive value system, reduce stress and guilt.
- ♦ **Purpose:** Find your reason for living.
- ♦ **Achievement:** Discover your own individual uniqueness and transform it into a life dream.

*Keeping  
your life in  
balance can  
be a real  
trick.*

### Who Should Attend?

Executives, Managers,   
Employees and Spouses